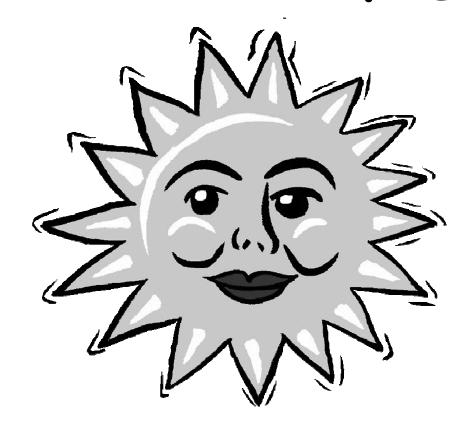
#### Introduction to Self-Direction

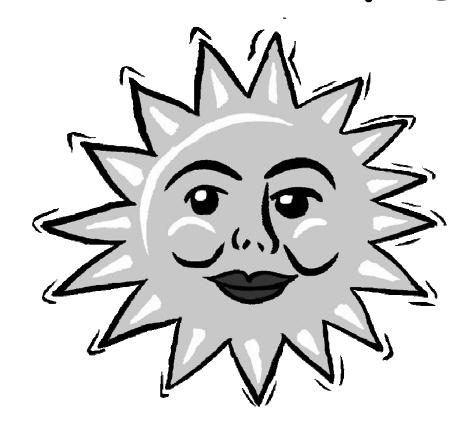


Module 1 (Part B)
Making Choices and Planning

Materials developed by:
Partnership for People with Disabilities
Virginia Commonwealth University
Funding provided through:
Virginia Department of Medical Assistance Services
With grant support from:
U.S. Centers for Medicare and Medicaid Services

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#### Introduction to Self-Direction



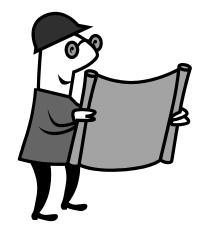
Module 1 (Part B)
Making Choices and Planning



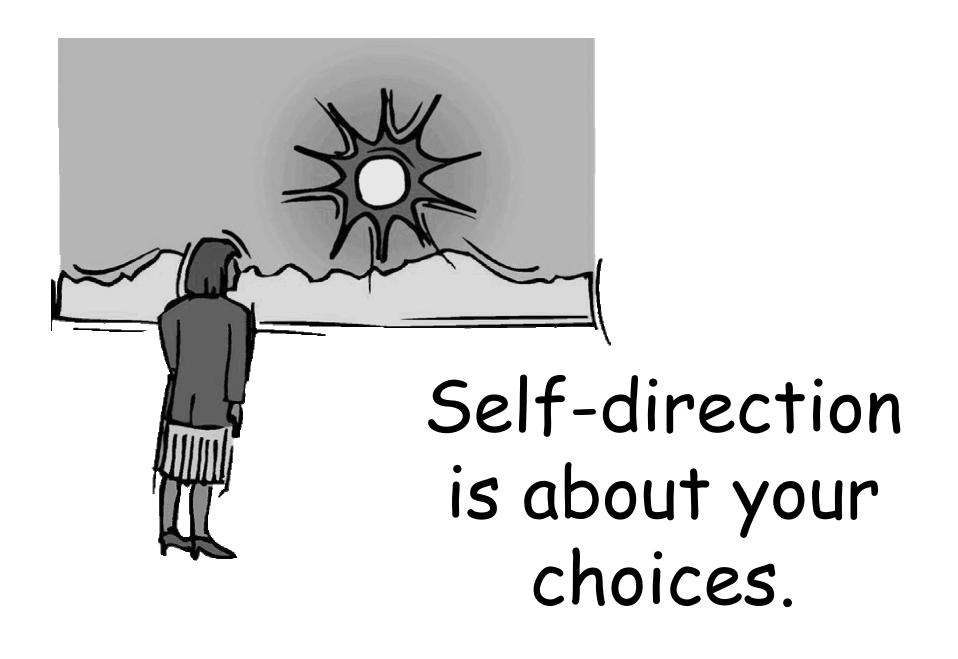
#### DREAMING

### CHOOSING



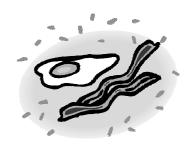


PLANNING



## We make choices everyday.





#### Breakfast?

#### Clothes?



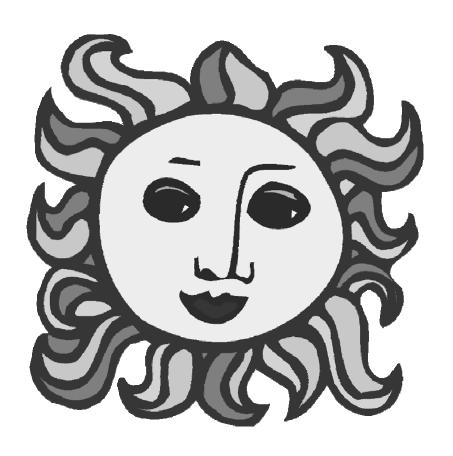
Transportation?





# Shoices today

### Important choices







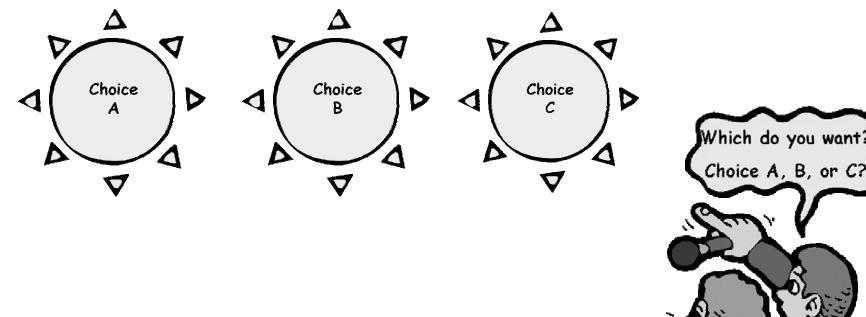
Work



Play



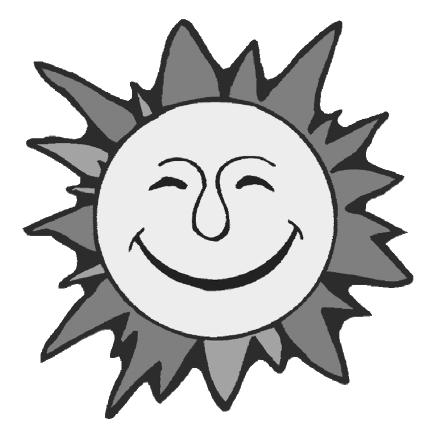
People in Your Life



## I WANT CHOICES!



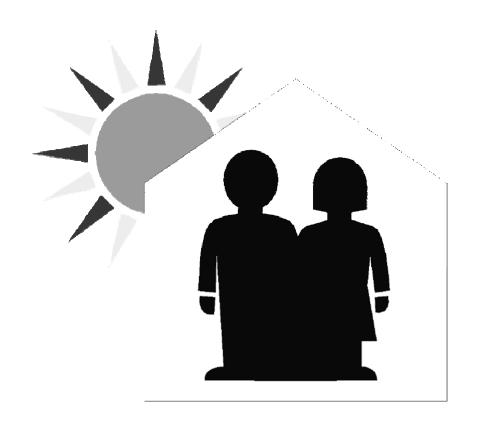
# Making good choices...





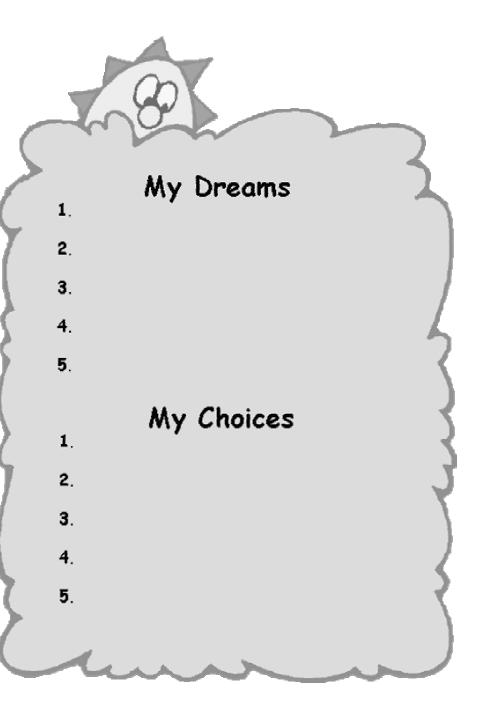
### Activity #1

## What are the steps?



### Getting help to make good choices

Selfdirection is about you making a plan.



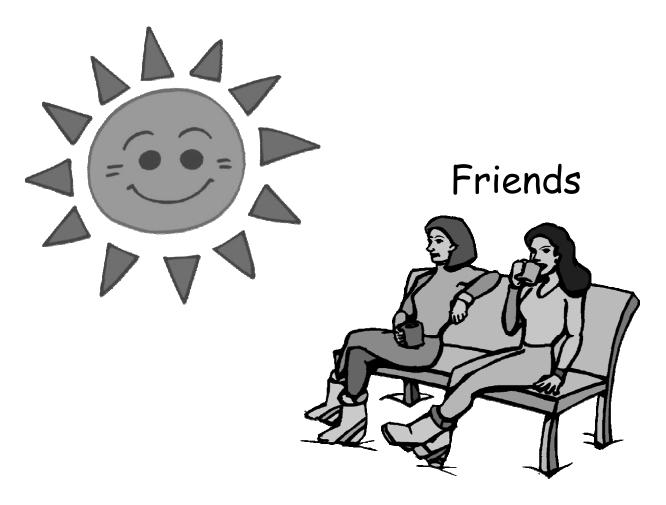
#### Family



Case Manager



# Sharing your dreams and choices



### What have we learned?



### Share your thoughts with us...



- 1. What is one thing you learned about self-direction?
- 2. What are some choices you make in life?
- 3. What are some choices that you don't make for yourself?
- 4. Who are the people who could help you make choices and a plan?
- 5. What more do you want to know about self-direction?